

# So You Want to Compete in an FEI Event

A DISCUSSION WITH KENDAL LEHARI



# Passports

- ▶ Register horse/rider annually with the FEI through EC's FEI registration portal
- ▶ Your horse will require a passport.
  - ▶ EC offers both an FEI recognized National Passport as well as an FEI passport.
  - ▶ The *National passport* allows horses to compete at the 1\*, 2\* and 3\* levels in Canada.
  - ▶ Outside of Canada and for higher levels an *FEI passport* is required.



# Chips and Flu Shots

- ▶ Horse must be microchipped by a licensed vet, on left side of neck
  - ▶ Compatible with ISO 11784 & 11785 chip readers
- ▶ Equine influenza vaccination (flu) must be administered every 6 months (+/- 21 days)
  - ▶ Initial shot & booster must be between 21-92 days to start passport
- ▶ All vaccines must be recorded, stamped & signed by vet



# The steps to obtain a passport...

- ▶ Apply: owner requires platinum sport license and at least one owner must be Canadian. Horse can't have a passport from other nation.
  - ▶ Application forms can be found on the EC website.
  - ▶ FEI passport \$362
  - ▶ National Passport \$168
  - ▶ FEI Recognition Card \$206
- ▶ Complete: Fill out blank passport you receive via the mail as per instructions. There will be sections that your vet needs to complete.
- ▶ Validation: mail passport back to EC for validation

# Qualifications

- ▶ Horse & rider must be authorized by EC to compete
- ▶ Declarations must be made for CCIL through the EC portal
  - ▶ January 31: Declaration deadline for CCIL competitions Jan 1 - Aug 31
  - ▶ June 1: Declaration deadline for CCIL competitions Sept 1 - Dec 31
- ▶ Platinum sport horse license and FEI registration is required to access the portal
- ▶ For all CCI: Submit Entries & MER (minimum eligibility requirements) through portal



# Minimum Eligibility Requirements

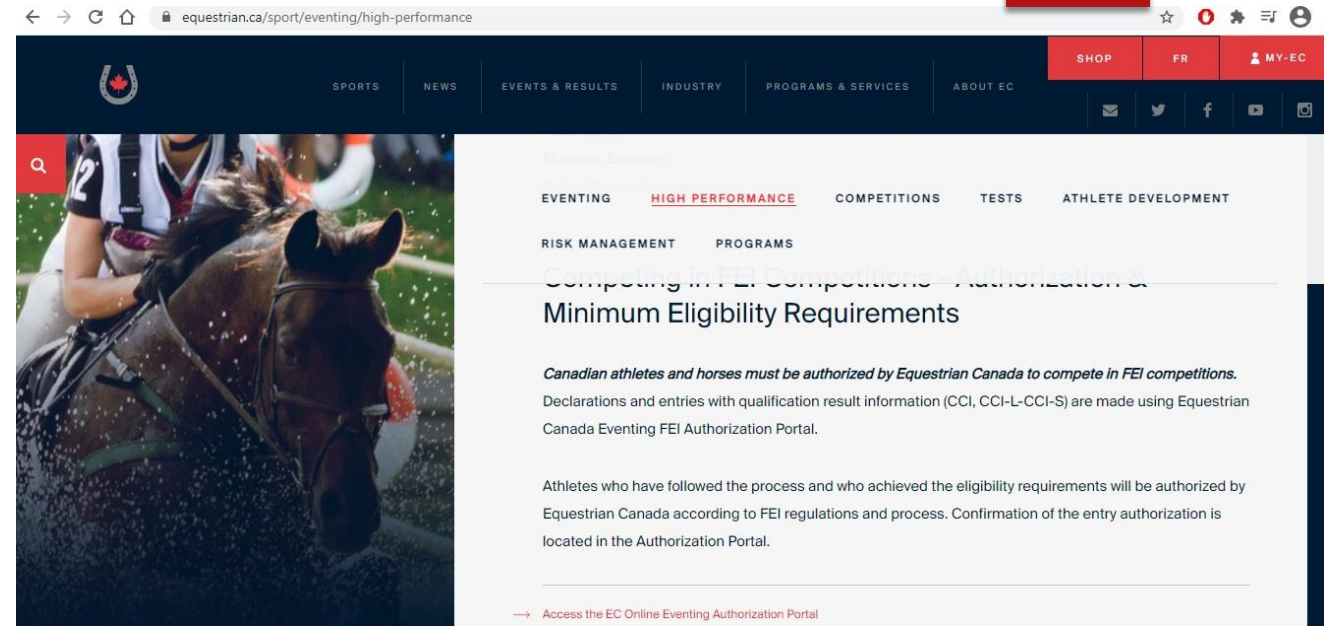
- ▶ An MER is achieved when a competition result meets the following criteria
  - ▶ Dressage test is less than 45 penalty points
  - ▶ Clear cross country (can activate one frangible pin). No more than 75 seconds over optimum time (30 pp) at the 1, 2, 3 and 4\* levels and 100 seconds at the 5\* level
  - ▶ No more than 16 penalties at obstacles in show jumping




Level Of Competition	Canadian MER (As a Combination)
CCI1*	Three MER at training or EV 105 or above, including 1 within three months
CCI2* L	3 MER results at the CCI2*S or Preliminary level. One within 3 months, one may include 20pp on cross.
CCI2*S	Rider – 2 MER at preliminary with no jumping, Horse – 1 MER at preliminary with no jumping
CCI3* L	1 CCI2*L or two CCI3*S. Need a CCI3* or Intermediate within three months
CCI3*S	2 MER at Intermediate Level
CCI4*L	1 CCI3*L or one CCI4*S . Need CCI4* S or Advanced within three months
CCI4*S	1 MER as a combination at the Advanced Level
CCI5*L	Two CCI4*L and two CCI4*S. Need CCI4* S or Advanced with in three months

# EC Portal


- ▶ Go to [www.equestrian.ca](http://www.equestrian.ca)
- ▶ Click sport & choose Eventing
- ▶ Click High Performance & scroll down for Portal link
- ▶ Login
- ▶ Declare, enter & add MER



Entry and Declaration system to compete in CCI-L and CCI-S events



**Declarations**  
Submit, remove declarations ...

View Options 




**Entries**  
Submit Entries for EC authorization

View Options 



**Qualification Certificate**  
Submit, edit MER Results ...

View Options 



# Drug Rules

- ▶ Both horses and riders get drug tested at FEI events
- ▶ Plan medications/injections with your vet
  - ▶ Soundness exam well in advance to make competition plan
- ▶ Check supplements, liniments and other additives are legal
- ▶ Check rider supplements & medications
- ▶ You can find prohibited list for horse & rider at: <https://inside.fei.org/fei/cleansport/>



# Preparing to Leave....

- ▶ Make sure all your equipment is in good working order
  - ▶ Take tack apart to make sure no repairs needed
- ▶ See Handout for detailed list!
- ▶ Packing in labelled bins helps to keep things organized and tidy at the show

**Tip:** Always travel with an emergency kit that is easily accessible. Include: wraps and bandages, gauze, thermometer, betadine scrub, vet wrap, scissors, antibiotic cream, and duct tape.

*Also keep a tool kit close at hand!*

# Tack

- ▶ Dressage and jump saddles
- ▶ Show saddle pads & clean schooling pads
- ▶ Bridles
- ▶ Extra bits
- ▶ Boots (schooling dressage, xc and stadium)
- ▶ Bell boots
- ▶ Breastplates and martingales
- ▶ Spare reins and stirrup leathers
- ▶ Girths
- ▶ Tack cleaner



## Soft Goods

Includes washable items:

- Wraps & bandages
- Blankets (rain sheets, flysheets, show sheets, back on track or other therapy blankets)
  - Check the weather ahead of time to pack the right ones!
- Fly bonnets

## Hay, Grain, Bedding:

Pack enough hay, grain, supplements & bedding for the week (bring extra just in case!)

- Trick: pack grain in zip lock bags & label feeding

## Hard Goods

It is a good idea to label these items

- Buckets for drinking
- Buckets for cool out and icing
- Wheelbarrow or skip bucket
- Hooks for bridles and hanging buckets
- Tack trunks
- Pitch fork, shovel, broom
- Feed tubs
- Stall guards
- Stud kit
  - Magnet
  - Nail/wrench/tap
  - WD40
- Ice boots and ice packs

# Grooming

- ▶ Brushes (hoof pick and comb)
- ▶ Braiding essentials
- ▶ Hoof oil
- ▶ Vaseline and/or baby oil
- ▶ Fly spray, show sheen
- ▶ Shampoo
- ▶ Hoof pack
- ▶ Poultice, paper
- ▶ Liniments
- ▶ Extra halter and lead rope
- ▶ Vet wrap, duct tape, baler twine
- ▶ Sponges
- ▶ Sweat scraper
- ▶ Baby wipes
- ▶ towels

**\*\*NEW FEI RULE: shaving sensory hairs on muzzle, eyes and outer ears is banned. The penalty of non-compliance is disqualification for the event.**



# Packing for the Rider

- ▶ Tails, Show jacket, show shirt
- ▶ Multiple pairs of show breeches, belts
- ▶ A couple pairs of schooling breeches
- ▶ Boots and boot polish
- ▶ Helmets, Hair nets, gloves
- ▶ Vests and air vest
- ▶ Dressage whip and crop
- ▶ Lunging gear (if needed)
- ▶ Spurs
- ▶ Watch
- ▶ Rubber boots
- ▶ Comfortable shoes
- ▶ Civilian clothing
- ▶ Jog gear
- ▶ Rain gear
- ▶ Hat
- ▶ sunscreen



# Arriving at the Show

- ▶ You must go to in barns upon arrival (with FEI passport)
- ▶ If possible put bedding in stalls, hay and water before moving your horse in
- ▶ Once the horses are settled unload equipment and neatly set up stall area.



*Establish a routine for your horse when stabled.*

- *Keep as close to feed times as possible*
- *Hand walk, graze, hack horses since no turnout*
- *Pick stall regularly*

*Horse must have number on at all times out of stall*

*Tip: use white duct tape on halter to write number on. Save show numbers for in competition.*

# In Barns

- ▶ Bring passport!
- ▶ Vet will check that TPR is normal
  - ▶ Temperature: 37.5-38.5C (99-101F)
  - ▶ Pulse: 36-40 beats per min
  - ▶ Respiration: 8-15 breaths per min
- ▶ Horse must match the passport (markings & microchip), vaccines are up to date with initial booster recorded.
- ▶ Ensure horse is well turned out
- ▶ For CCIS you typically jog in front of the vet at this point
  - ▶ Present in a bridle
  - ▶ Make sure you warm-up/practice jog first
- ▶ Check in barn hours prior to arrival to plan your schedule





# The Jog

- ▶ Ground jury & vets are confirming soundness of horse
- ▶ Think fashion show with your horse! Country Club attire.
  - ▶ Braid mane & tail if its not pulled.
    - ▶ Note: only braid tails day of jog or event
  - ▶ Make sure white legs are very clean
  - ▶ Baby oil around eyes, muzzle & noseband to add shine
  - ▶ Wait to apply hoof oil until right before jog
- ▶ Train for the jog well in advance of the CCI!

**Tip: For white legs/tail:**

- Create paste with ivory soap & baking soda, scrub into white area, leave 5-10mins, spray with vinegar & rinse.
- Or white spray paint for legs.



# How Not to Jog.....Or Dress



# The Jog to Aim For.....



# Dressage

- ▶ CCIL usually runs Thurs/Fri
  - ▶ Pre-rides/training rides allowed
  - ▶ Jump schooling allowed
- ▶ Tails are allowed at FEI
- ▶ No whips
- ▶ Helmets mandatory (no top hats)
- ▶ Ask questions! Confirm bits are legal with TD



# Studding

- ▶ Practice with studs before FEI
- ▶ Studs depend on horse, footing & level
- ▶ Check XC footing morning of to choose studs
  - ▶ Be aware of changing weather/footing
- ▶ Stud types: mud, grass and road
  - ▶ Road: damp grass with firm ground, wet arena & lower levels
  - ▶ Grass: pierce through grass & hard ground
  - ▶ Mud: deep, muddy footing
- ▶ Leave boots on while studs are in



# Cooling out after cross



- ▶ Vet checks TPR as soon as horse finishes XC. Horse is re-checked every 10 mins until vitals are normal.
- ▶ Cool out team immediately starts removing tack & bathing horse. Remember to scrape water!
- ▶ Continue to walk, bathe & scrape horse
- ▶ Once breathing has improved, remove studs & boots
- ▶ Allow horse to have \*small drinks of water until fully cooled out

## **Essentials for Cool Out:**

Buckets, sponges, sweat scraper  
Wrench, magnetic plate, Duct tape, vet wrap,  
cooler, halter (numbered), lead shank

# Aftercare

- ▶ Ice legs 20 mins on, 20 off. Try at home first so you know which method your horse tolerates:
  - ▶ Buckets with ice
  - ▶ Zip up, Pocket or whirlpool ice boots
  - ▶ Compression boots
  - ▶ Ice vibe
- ▶ Hand walk and jog horse in case the vet can help out for Sunday AM jog



# Leg/Foot Care

- ▶ Wrapping legs and apply poultices or liniments is very common after icing.
  - ▶ Sore no more, Omega alpha Tetda
  - ▶ Equithalasso cryotendon & draining clay
  - ▶ Clay poultice
  - ▶ Back on Track wraps
- ▶ Pack feet and wrap with a diaper or vet wrap and duct tape to keep in. Some products:
  - ▶ Magic cushion
    - ▶ \*note: Vaseline/baby oil heels so it comes off & doesn't blister
  - ▶ Rebound
  - ▶ Epsom salts & betadine





# Body Care

- ▶ Helpful products to help with muscle stiffness
  - ▶ Back on Track type blankets
  - ▶ Equithalasso muds
  - ▶ Absorbine bathes (check ingredients are legal for FEI)
  - ▶ Natural supplements, electrolytes
- ▶ Vets can administer certain meds to help including:
  - ▶ Adequan/legend
  - ▶ IV fluids
- ▶ Alternative therapies by FEI approved professional: acupuncture, chiro, massage, etc. Check with vet/official first!



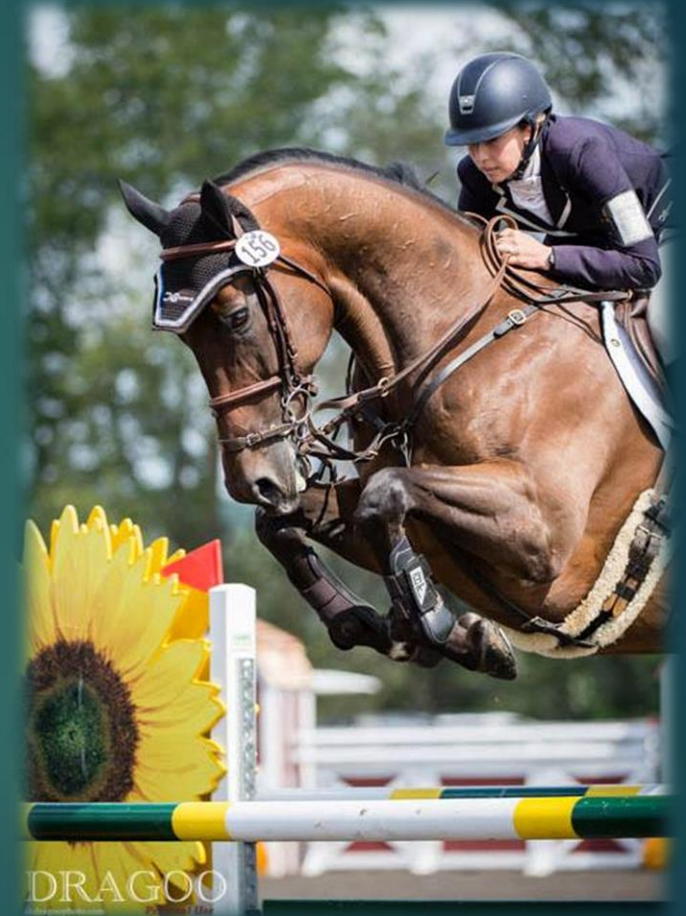
# Sunday Jog

- ▶ Same etiquette applies as for the first jog
- ▶ May need to lunge or pre-ride if the horse is stiff



# Show Jumping

- ▶ Must be dressed in show clothes to walk the course
- ▶ Typically in reverse order
- ▶ Usually enough jumps that you will get your own to warm-up 4-5 riders out
- ▶ Hind boots must be checked applied in front of FEI steward
- ▶ Boots may get weighed after SJ. Check the weight when wet prior to event.
- ▶ You must salute in FEI!



Questions?



**Thank-You Sam Krieger for helping with the presentation & handout!!**